



— Celebrating the Work of God —

DECEMBER 8, 2024 | 1 THESSALONIANS 5:16-18

— The Pneuma-Dynamic Principle —

A _____ life is the critical component for real, lasting transformation in us.

— Understanding Spiritual Training —

1 TIMOTHY 4:7-8

- ① Spiritual training begins with a proper understanding of the _____.
- ② Spiritual training is initiated by and sustained by the _____.
- ③ Spiritual training is a _____.
You will have seasons where you experience...
 - the perceived _____ of God; and
 - the perceived _____ of God.
- ④ Spiritual training requires our _____.
Your spiritual growth is...
 - not all you → that's _____;
 - not all God → that's _____.

— Building Your “Rule of Life” —

1 CORINTHIANS 9:24-27



- ① Regular time with God in _____.

— Example: Prayer of Intention —

- ① _____ myself to You ROMANS 12:1
- ② my most important _____ PHILIPPIANS 3:7
- ③ take a short _____ PSALM 139:23-24
- ④ raise my _____; I'll follow You JOHN 3:8

— Example: Time in Silence —

- ② Regular time with God in _____.
- ③ Regular time with God's _____.
- ④ Regular time in spiritual _____.
Exercising your “DO” muscles...
 - Bible study • journaling • intercession
 - serving • celebration • meditating
 Exercising your “NOT DO” muscles...
 - solitude • silence • fasting
 - simplicity • secrecy • submission
- ⑤ Regular time of _____ (slowing down).
- ⑥ Regular time of _____.

— Weekly Devotional —

Check out the Five Day Devotional that goes along with today's message! Use your phone's camera to focus on the code and click the link or pick up a copy at the back of the auditorium.

