



A GIFT FOR YOURSELF

DECEMBER 3, 2023

3 ASSUMPTIONS ABOUT MARGIN

MATTHEW 11:28-30

- ① The Lord's plan is not that you would live your life _____.
- ② In most cases, margin is a _____.
- ③ The main thing is learning to say " ____!"

The main culprit that robs us of margin in our schedules is being a _____.

PHILIPPIANS 2:3-5; 1 THESSALONIANS 2:4b

5 SIGNS OF A HECTIC, STRESSED-OUT SCHEDULE

- I'm always _____ and usually _____.
- I often feel _____.
- I _____ on caffeine, energy drinks, and adrenaline.
- I have no time for the things I claim to be my _____.
- I have no time for a _____.

3 REMEDIES FOR THE PEOPLE PLEASER

- ① Fear God, _____. PROVERBS 29:25; 14:26-27; 19:23
- ② Choose who you _____. MARK 1:32-38
- ③ Schedule important things _____. MATTHEW 6:33
PROVERBS 24:27

FOR FURTHER STUDY:

1. Have you ever known someone who seemed to like you only for what you could do for them or give them? What did it feel like?
2. Read Matthew 11:28-30. From what burden or burdens does Jesus free us? What makes Jesus' burden light by comparison? What burden do you carry that Jesus could lighten for you?
3. What kind of people was Jesus addressing in this passage? What promise did Jesus make to those who would accept His offer? How is walking with Christ described?
4. Read 1 Thessalonians 2:3-6. How can you tell when someone is using flattery to manipulate you? In what situations are others most tempted to tell you what you want to hear in order to get what they want from you?
5. Read Matthew 6:31-34. Why and how are our ambitions to be different from those of non-Christians? How does this passage challenge you to re-examine your goals and ambitions?
6. Read Mark 1:35-39. The quiet and solitude Jesus sought here are quite a contrast from the events presented earlier in the chapter. What do these verses reveal about Jesus' priorities? What do you need to do to bring your priorities more closely in line with his?